



Improving and sustaining the quality of health and healthcare for all people with intellectual/developmental disabilities (I/DD) in New Mexico

INTRODUCTION: TEASC



Art: Angelica Harrison, Apprentice Artist VSA

The Transdisciplinary Evaluation and Support Clinic (TEASC), is a consultation team that includes family medicine providers, psychiatrists, experts in social services and health care systems and a clinical social worker. The team may include other specialists such as a neurologist or sign language interpreter.

TEASC offers in-home/clinic based consultation to adults who have intellectual/developmental disabilities (I/DD) and complex medical, mental health and support system needs. TEASC assistance does not replace the direct provided by the client's primary care provider, psychiatrist, therapist, interdisciplinary team (IDT) or other care givers. TEASC services are provided at no cost to the individual.

TEASC offers:

- Evaluations by the team at the UNM Family Medicine Clinic in conjunction with the **Continuum of Care** team (Adult Special Needs Clinic)
- Evaluations by the team in the community where the person lives, e.g. in their home, workplace or other location determined by the person's needs and wishes (TEASC Evaluation)
- Evaluations by the team at local community clinics (Outreach Clinic)
- Comprehensive reporting of evaluation findings & recommendations
- Teaching & training for medical students and residents, as well as trainees in other disciplines (nursing, OT, pharmacy, psychology, SLP and PT)
- Training for community providers
- Research and program assessment
- Collaboration & consultation with the state in system design & review

Any person with I/DD, age 18 or older, living in NM or their family, provider or advocate may request a TEASC evaluation by calling 505-272-5158.

TEASC is funded by the NM Department of Health Developmental Disabilities Supports Division.

IN THIS ISSUE:

INTRODUCTION:	1
Transdisciplinary Evaluation & Support Clinic (TEASC)	
DDSD REGIONAL OFFICES' CORNER:	1
UPCOMING EVENTS & TRAININGS:	1
MEETINGS:	1
¿Qué Es?:	2
The <i>SAFE</i> Program	
Medical Topic: Excerpt:	2
Advocating for Peace of Mind	

UPCOMING EVENTS & TRAININGS:

Annual NM DDNA Conference
December 6th, 2013

- Registration/Events & Trainings: Specifics <http://coc.unm.edu>

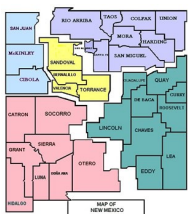
MEETINGS:

Clinical Coordination Group: (@ CoC)
October 21, 2013 @ 1:30pm
December 16, 2013 @ 1:30pm

Health Decision Resource: (@ CoC)
TBA 2014

Regional Offices:
Please call the regional offices directly

DDSD Clinical Call:
October 9, 2013 @ 9am
November 13, 2013 @ 9am
December 11, 2013 @ 9am



DDSD REGIONAL OFFICES CORNER:

The DDSD Regional Offices offer a local resource to help find and access the many services and providers available to individuals with intellectual and developmental disabilities (I/DD) and their families.

Office Locations/Regional Nurses:

Metro Regional Office (MRO):
5301 Central Ave. NE Suite 1700
ABQ, NM 87108
800-283-5548

Tom Burkross, RN 505-841-5518
Tom Truby, RN 505-841-553
Anthony Vincent, RN 505-222-6614

NW Regional Office (NWRO):
2910 E. Highway 66
Gallup NM 87301
866-862-0448
Allison Byrnes, RN 505-326-5784

NE Regional Office (NERO):
224 Cruz Alta Suite B
Taos, NM 87575
866-315-7123
Judith Pierce, RN

SW Regional Office (SWRO):
1170 N. Solano Dr. Suite G
Las Cruces NM 88001-2369
866-742-5226
Randy S. Cahall, RN 505-528-5184
Dora Stewart, RN 505-528-5184

SE Regional Office (SERO):
726 S. Sunset Suite B
Roswell NM 88023
866-895-9138
Maria Sanders, RN 505-624-6100

<http://nmhealth.org/DDSD>

¿QUÉ ES?:

NM SAFE Program Supports & Assessment for Feeding & Eating

The **NM SAFE Program** (Supports & Assessment for Feeding & Eating) conducts multidisciplinary team feeding evaluations of children & adults with developmental disabilities, for the purpose of improving health & preventing aspiration.

The SAFE team includes a registered dietitian (RD), physical therapist (PT), occupational therapist (OT), physician and speech pathologist (SLP) with expertise in swallowing disorders.

Evaluations are available at the Albuquerque clinic located at the Center for Development & Disabilities (CDD) or at selected community-based sites via interactive videoconferencing through telemedicine network.

The team provides feeding evaluations and recommendations for individuals with disabilities with a focus on:

- Reducing the number of preventable aspirations
- Feeding assessments with a focus on positions, adaptive equipment, food textures and diet for optimal health

The **NM SAFE Program** providers:

- A multi-disciplinary clinic-based assessment team with expertise in swallowing disorders
- A detailed written report of the assessment with recommendations
- A videotape depicting appropriate feeding techniques will be provided
- Technical assistance, support and continuing education for professionals
- Assistance to families and care providers in locating appropriate community resources for direct treatment, adaptive equipment and follow-up services
- A mealtime program for adult clients which consists of detail "how to" feeding instructions for caregivers

Making a referral:

Anyone (individual, family members, team members, providers, nurses, therapists, teachers, early interventionists, case managers etc.) can make a referral by contacting:

Deirdre Muldoon, Program Manager
NMSAFE@salud.unm.edu
Tel: 505-272-0285
Fax: 505-272-3499

A copy of the referral form can be found online at:
<https://www.cdd.unm.edu/nmsafe/>

Collaborative Partners:

NM LEND Program
Continuum of Care
NM DOH DDSD



MEDICAL TOPIC:

Excerpt from one of our CoC PowerPoint presentations available on our website:

Title: **"Advocating for Peace of Mind"**

Presenter: Ingrid M. Nelson, MS

"Dying is a normal and natural process.

No need to fear it.

No matter the condition, we will all go through the same physiological process, but the experience will be unique for each of us.

Most people had the terminal condition way before it was diagnosed. Although most people equate pain with death, pain is an indicator of the condition or illness advancing, not the indicator of death. This is time when the team should come to the aid of the individual."



Continuum of Care

2350 Alamo Ave SE Suite 160
Albuquerque, NM 87106
Tel: 505-925-2378
Fax: 505-925-2391
Toll: 877-684-5259

To view the PowerPoint presentation in its entirety, please visit our website:

*Training Tab

*CoC Presentations

*End of Life Training 4/29/2011

Please go to our website to read about the broad spectrum of training options given by CoC and to see an extensive list of previous training power point presentations and training videos posted and available for your learning.

Topics on our website include:

- Dementia
- Pain & Depression
- Enteral Tube
- End of Life
- Psychopharmacology

Please feel free to send in any suggestions on specific conditions that you would like to read about.

Continuum of Care Staff:

Alya Reeve MD, MPH
Principle Investigator, Neuropsychiatrist

Ingrid Nelson MS, Senior Program Manager

Eula Michaels, Unit Administrator II

Kevin Langell, User Support Analyst I

Alfreda Begaye CMA, Clinic Coordinator

Carla Fedor, RN CDDN, Lead Staff Nurse

Alyse Drummond RN CDDN, Staff Nurse

Lourdes Vizcarra MD, Family Medicine Editor

Jenny Vickers MD, Neurologist

John Phillips MD, Neurologist

Kathleen Burke MD, Family Medicine (Las Cruces)

Jemery Kaufman MD, Internal Medicine (Taos)

Karen Vaillant MD, Family Medicine (Roswell)

Comments/suggestions/recommendations:
email LVIZCARRA@salud.unm.edu

We are on the Web!
<http://coc.unm.edu>

THE UNIVERSITY of NEW MEXICO
HEALTH SCIENCES CENTER
SCHOOL of MEDICINE