CLINICAL ASSESSMENTS

• Medical
• Eating Specialist
• Nutrition
• Positioning Specialist
SAFE CLINIC AREAS OF POSITIONING CONCERN

• Airway protection
• Positioning for tube feeding
• Manage oral secretions
• Maximize motor control
• Reduce GERD
• Reduce rumination
AIRWAY PROTECTION

- Head position and airway protection
- Positioning and the individual with I/DD
CHIN TUCK/CHIN DOWN
FORWARD HEAD
WHAT WE SEE IN SAFE CLINIC
ADDRESSING FORWARD HEAD
SOLID SUPPORT SURFACE
SUPPORT BEHIND PELVIS AND LUMBAR SPINE
PROPER SEAT DEPTH
POSITIONING FOR TUBE FEEDING

• Generally not observed in SAFE Clinic
• Where do tube feedings take place?
• Positioning recommendations
RECOMMENDATIONS

• Generally accepted guidelines

• Positioning therapist should observe positioning recommended in CARMP

• Consider fixed deformities and other positioning factors
PRESSURE ON STOMACH
MANAGING ORAL SECRETIONS

- Head Position
- Position of other people
OPENING THE AIRWAY

- Cervical hyperextension
HEAD POSITION DURING ORAL HYGIENE
OTHER PEOPLE
ATTENDING TO ANOTHER PERSON
DROOLING
MAXIMIZING MOTOR CONTROL
POSITIONING TO REDUCE GERD

• Staying upright after meals
• Maintain posture that allows adequate room for the stomach
POSITIONING TO REDUCE RUMINATION
THINGS TO LOOK FOR

• Is the individual wearing a tight belt
• Does the individual bring a foot up into the chair
• Does the individual seek a place where he can squat
• Is the environment stimulating/does the individual have something to do that is more interesting than rumination